

# MISSIONS ON THE MOUNTAIN



## At Camp Mundo Vista

Thank You for allowing your children to come to Missions on The Mountain at Camp Mundo Vista! We have an awesome weekend planned for your children on April 5-6, 2025.

Please take the time to thoroughly read the information below so that you and your child will have the best experience possible. Our packing list is on the last page of this letter.



### Program

We are intentional to use fun in growing faith, developing relationships, building skills, and serving others. We as a staff will do everything that we can to help make this weekend the best experience possible. During the weekend, campers will be encouraged to participate and do their best in each activity. The level of participation is the choice of the camper.

During Missions on the Mountain, we will create a fun environment for students to learn to live on mission together where they live, work, and play. We will have 3 interactive missionary times, and several fun active recreations like archery, zip line, and games.

The church or group chaperones that bring your child will be responsible for them. Our staff will provide the program, support the chaperones, and we will be available if requested.

## Medical & Waiver Forms

Campers and chaperones will not be allowed to come to camp without properly completed forms online, filled out by the legal guardian. Please make sure to list any over the counter, prescription medications, vitamins or supplements your child will need to be administered at camp. Please place all medication in a zip bag in the original packaging with your child's full name, age, and church written on the bag. If the medication/vitamin/supplement is not listed on the forms online, we will not be able to administer it while they are at camp. Your group leader is responsible to give you the link specific to your group to register.



## Pictures

Pictures are posted for parents to view on Bunk 1. To view pictures go to [bunk1.com](http://bunk1.com), and sign in using the same username and password you used to register your child on our registration website. We will post some pictures and our recap video on our Facebook page: [www.facebook.com/campcaraway](http://www.facebook.com/campcaraway), and Instagram: [@carawayandcamps](https://www.instagram.com/carawayandcamps).



## Emergency Contact

Campers **MAY NOT** have cell phones or call home on their own. Their church group leader or camp administrator can help them call home if needed. We will keep you well informed if needed and can deliver any important messages to your camper if necessary. We will call you using the numbers you provided any time we have concerns about your child's health or behavior. Chaperones are allowed to have cell phones and can deliver messages if needed. Thank you for not sending cell phones or electronics with your camper.



## Special Concerns

The church leaders and adult chaperones that brought your child are responsible for them. Our staff will help when asked and are trained to approach special concerns with campers such as medical conditions, bed-wetting, or home sickness with the utmost respect and confidentiality and will gladly assist the church leaders as requested. We will also seek the advice and assistance of the adult chaperones from your church that will attend with your child. You can help us prepare your child for success with these needs.

**Medical Conditions:** Please document all medical conditions, needed medications, and other pertinent information on the forms online. If needed, please have a church leader share any clarifications or special concerns with us at the medication check in table on Saturday. If your child has any special food needs, please contact us the week before his or her camp arrival so we can make arrangements to serve him or her best.



## Special Diets & Food Allergies:

At Camp Mundo Vista, we take food allergies very seriously. Our chef and kitchen staff accommodate and provide alternative meal options as much as possible. We can typically work around most allergies including gluten, dairy, soy, nuts, egg, and corn. It is important to note that our facility is NOT a nut free, dairy free, soy-free, egg-free environment. Although our staff prepares our special diet meals on a separate counter and appliances in the kitchen, we do not have a dedicated kitchen for these meals.

If you have any questions or concerns on whether or not we can accommodate your dietary needs, please call our office during office hours from 9am - 5pm or by email to Chris, our Director of Food Service at [cpowell@caraway.org](mailto:cpowell@caraway.org). Please make sure to communicate all allergies on your health form and call our office with more details if needed. If we cannot provide your full dietary needs, we invite all of our guests to bring their own supply of snacks and personal meal supplements and offer a small amount of space to store refrigerated items in the Dining Hall area.

## Bedwetting

Document this online so the camp chaperone will be prepared for the possibility to assist your child. We suggest you consider pull up absorbent overnight undergarments or disposable bed linen covers. Both of these can be discreetly used. If a child does soil his or her bed our staff will discreetly assist the chaperone and camper by washing the linens and in giving the child reassurance and support when needed.



## Homesickness

Homesickness is normal, and many campers may experience a little homesickness at some point during their camp session. Parents can help with homesickness with patience and preparation. Please consider some of these tips to help your camper deal with homesickness in a healthy way at camp:

- Encourage your child's independence throughout the year, such as sleepovers at a friend's house.
- Discuss what camp will be like with your child before leaving and call us with questions.
- Send your camper a letter.
- Please do not bribe; linking a successful stay at camp to a material object may send the wrong message.
- Remember that your child's confidence and independence will be a great reward for completing a weekend at camp!

Please honor our no cell phone policy. We will call you if needed. During the weekend, if you are worried about how your child is adjusting, please call us and speak to us about your child. We will gladly check on them for you. Don't feel guilty about encouraging your child to stay at camp. This experience can be a great first step towards independence and can play an important role in the growth and development of your child!



## Behavior and Bullying

Campers and adults are given clear expectations and rules for the weekend when they arrive. We expect campers to follow these expectations and to treat each other as they want to be treated. Our staff is trained well in motivating and disciplining campers appropriately and will assist the church chaperones when needed. Bullying or picking of any kind is inexcusable and not tolerated here. If your child does not follow our expectations and rules after disciplinary action, we will call you to make a plan of action.



## Departure

Camp will be complete around 2:15PM. The church group leader will give you an estimated time of arrival home. Please contact your church group leader with questions.

You can find our packing list below. I am looking forward to your child's arrival at camp. I, as well as our entire staff, are praying that your child will have many enjoyable, growing and rewarding experiences here at Camp Mundo Vista.



Sincerely,  
Mark Moore

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Program Director 336.521.9207  
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# Packing List

## ESSENTIALS:

- Bible with pen or pencil
- Small, lightweight backpack to carry water bottle, money, flashlight, etc.
- Clothes (comfortable clothes that can get dirty; appropriate for possible weather)
- Underclothes & socks
- Twin sheets & blanket or a sleeping bag
- Pillow with pillow case
- Bath towel and a washcloth
- Toiletry articles (toothpaste, toothbrush, shampoo, soap, comb, etc.)
- Tennis shoes (should be CLOSED TOE shoes that can get dirty)
- 1 Light weight jacket or sweatshirt
- 1 Pair of pajamas or sleep wear
- 1 Light weight rain coat or poncho
- Flashlight with batteries
- Water bottles
- Dirty laundry bag
- Cash money for store (if you choose not to use our online store card)

## Optional:

- Sandals – open toe shoes may be worn when not participating in recreation

## WHAT NOT TO BRING:

- Any electronics, mobile phones, tablets, smart watches, etc.
- Any animals or pets
- Fireworks or weapons
- Any type of illegal drugs, tobacco, vapes or alcohol

Thank you for not sending food to camp with your camper unless special arrangements are made with the camp registrar prior to camp.

## See you there!

